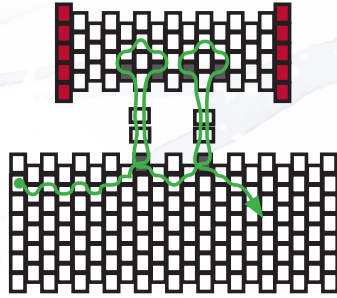


ATTACH TOGGLE BAR

Note: Entry and exit beads are marked in gray on the diagram.

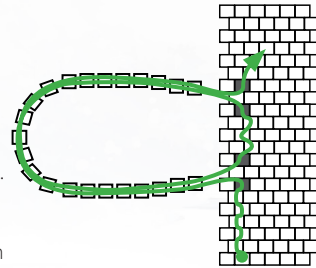
- 1 Turn the bracelet right end up. Using a tail or new thread, start your thread path at the dot on the diagram and weave to the closest bead marked in gray. Pass through the bead.
- 2 String two white beads, go through the underside of the bar into the second gray bead, weave through a few beads, go out the first gray bead, and then go back through the beads you just added and into the bracelet again through the bead marked in gray, but from the opposite direction.
- 3 Weave through the piece to exit the right side of the next gray bead in the diagram.
- 4 Repeat step 2. Weave back through the connecting beads of the toggle bar and into the bracelet once more to reinforce. Tie off.



ADD LOOP

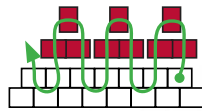
Note: Entry and exit beads are marked in gray on the diagram. The loop will sit on top of the bracelet, not on the edge.

- 1 Turn your bracelet left end up. Start your thread path at the dot and weave to the first bead marked in gray. Pass through the bead.
- 2 String 24 white beads. Skip the next gray bead in the diagram. Reenter the bracelet by passing through the third bead marked in gray.
- 3 Weave back down to the skipped gray bead and pass through it and the 24 beads added previously. Reenter the bracelet by passing through the fourth bead marked in gray. Weave in your thread and circle back, passing through the loop once more to reinforce. Tie off.



ADD PICOT EDGE

- 1 Start a new thread.
- 2 Position the thread so that it is coming out the last bead on the edge of the bracelet. Add three red beads and go down through the next edge bead. Come back up through the next edge bead. Repeat until you get to the other end of the bracelet.
- 3 Repeat step 2 for the other bracelet edge. Reinforce and tie off.



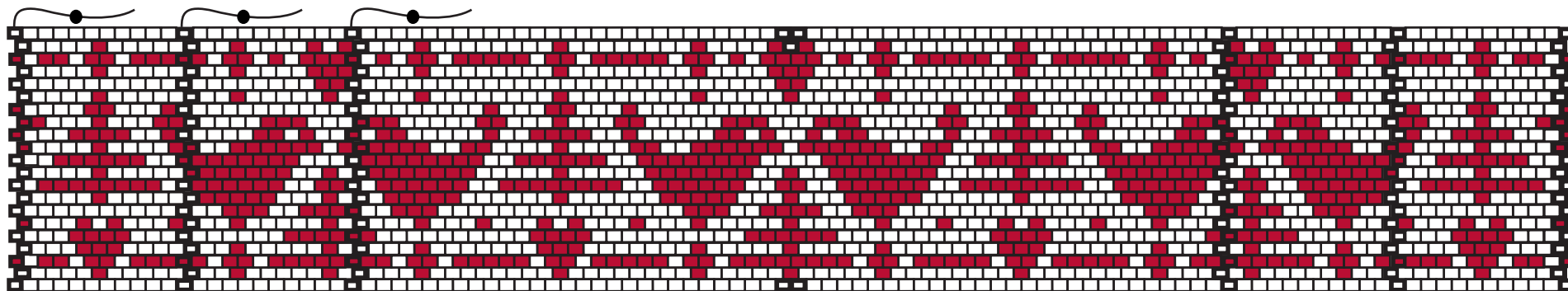
Nordic Christmas Bird

BRACELET KIT by Cheri Carlson



Artbeads.com®

BRACELETKIT-0090



SIZE 8 SIZE 7 SIZE 6 CENTER SIZE 6 SIZE 7 SIZE 8

MATERIALS INCLUDED

- TOHO 11/0 Red Seed Beads (TBRD11-45)
- TOHO 11/0 White Seed Beads (TBRD11-41)

TOHO One-G White Thread
Beading Needle

STITCH BRACELET STRIP

- 1** Determine the size of your finished bracelet and if necessary remove an equal number of rows from each end of the decorative pattern. The button and loop add 3/8 inch to the total bracelet length. There are marks on the pattern pre-calculated (factoring in the clasp) for bracelet sizes 6, 7, and 8.

Note: It is helpful to start short several rows into the pattern so that you can later add rows to both sides to precisely adjust the length.

- 2** Create the main odd count peyote stitch strip following the pattern provided.

Here is an example of how to begin odd count peyote (bead colors are not shown).

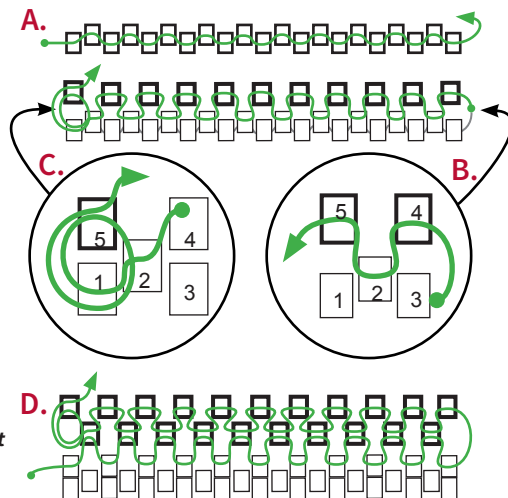


DIAGRAM A. String the first two rows on the needle.

DIAGRAM B. Perform an even count turn. String bead 4 and pass through existing bead 2. Align bead 4 so that it stacks over existing bead 3. Bead 5 will stack over existing bead 1. Continue this stacking process until you get to the end of the row.

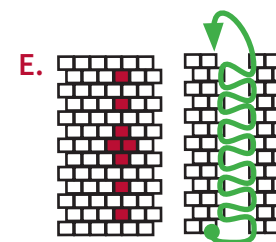
DIAGRAM C. Perform an odd count turn. String bead 4 (it will stack over bead 3) and pass through existing beads 2 and 1. String bead 5. Pass through the existing bead 1 again and back through bead 5. Bead 5 will stack over existing bead 1.

DIAGRAM D. Continue adding a bead and passing through the next raised bead in the row until you get to the end. Perform an even count turn, continue until you get to the end of the row, perform an odd count turn. Repeat until your pattern is complete.

- 3** Check bracelet length, remembering that the clasp will add an extra 3/8 inch. Add more rows to each end if necessary.

STITCH TOGGLE BAR

To make the toggle bar, create the odd count peyote stitch strip following Diagram E. Zip the strip ends together to form a tube, as shown in the diagram. Weave thread to secure. Exit out of a white edge bead on the end of the tube.



ADD TOGGLE BAR ENDS

- 1** String one red seed bead, go down through the next edge bead, and then come back up through the next edge bead. Repeat twice.
- 2** Pass through all three red seed beads and cinch together. Secure by going down through a white edge bead, back up through one white edge bead and one of the red beads.
- 3** String one red seed bead and go through the next red bead from step 2. Repeat twice.
- 4** String three red seed beads and go through the next red bead from step 3. Repeat twice.
- 5** Go down partway through the center of the tube and weave through several beads to secure your thread. Come back up through the center of the red toggle bar end. String one red bead and pass back down partway through the center of the tube. Weave your thread through a few beads to secure.
- 6** Go out the opposite end of the tube, exiting a white edge bead. Repeat steps 1-5 for the other end of the toggle bar. Tie off.

